

Mental Health Parent and Carer Peer Support Group

Our peer support group is safe space for those parents and carers who are supporting a child or young person struggling with emotional or mental health to be heard, supported and to share stories with others.

EVENT DETAILS		
Date	Link	Time
28/05/2021	Parent and Carer Virtual Drop-In	10:30 - 12:30
10/06/2021	Parent and Carer Support Group Guest Speaker – Participation Officer for SEND Services	1:00 - 2:30
28/06/2021	Parent and Carer Virtual Drop-In	10:30 - 12:30
22/07/2021	Parent and Carer Support Group GUESTS - KOOOTH Demo/Awareness Session for Parents & Carers	1:00 - 2:30
16/08/2021	Parent and Carer Virtual Drop-In	10:30 - 12:30
16/09/2021	Parent and Carer Support Group Guest Speakers - HEALTHY MINDS TEAM Your opportunity to meet with the Healthy Minds Team representative and gain a better understanding of what the team offer	1:00 - 2:30
23/09/2021	Parent and Carer Virtual Drop-In	10:30 - 12:30
21/10/2021	Parent and Carer Support Group GUESTS – LIFECYCLE Your opportunity to meet the team representative and have an insight into the service	1:00 - 2:30
25/10/2021	Parent and Carer Virtual Drop-In	10:30 - 12:30
08/11/2021	Parent and Carer Support Group GUESTS - CYPs An opportunity to understand the role of CYPs Service in South Tyneside	1:00 - 2:30
22/11/2021	Parent and Carer Virtual Drop-In	10:30 - 12:30
13/12/2021	Parent and Carer Support Group GUEST – LGBT+ Service Develop an insight into how the LGBT+ service provides support to families in South Tyneside	1:00 - 2:30
20/12/2021	Parent and Carer Virtual Drop-In	10:30 - 12:30

