



# GOOD MORNING AND WELCOME TO OUR ASSEMBLY

<https://www.youtube.com/watch?v=fAEBNEscLoc>



# GOOD MORNING AND WELCOME TO OUR ASSEMBLY

Faith

Learning

Respect



Key question: How do we learn? Memory, retention, and recall.

What new information did you learn yesterday?

What new information did you learn in the summer term?

What new information did you learn last year?





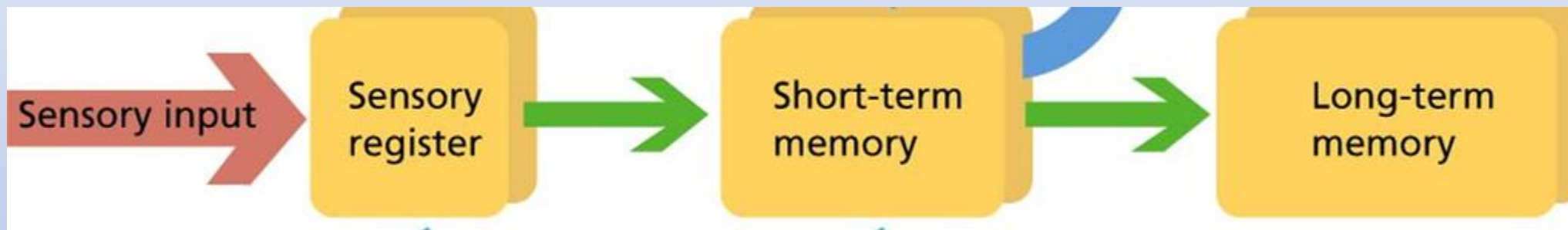
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Your memory has three parts:



Firstly, you need something to remember. This means what you can see, hear, touch, taste, smell.

It is forgotten in 0.5 to 3 seconds.

On average you can hold 5 items in your short term (working) memory at a time.

It is forgotten in seconds or minutes.



Key question: How do we learn? Memory, retention, and recall.

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How good is your short term (working) memory?







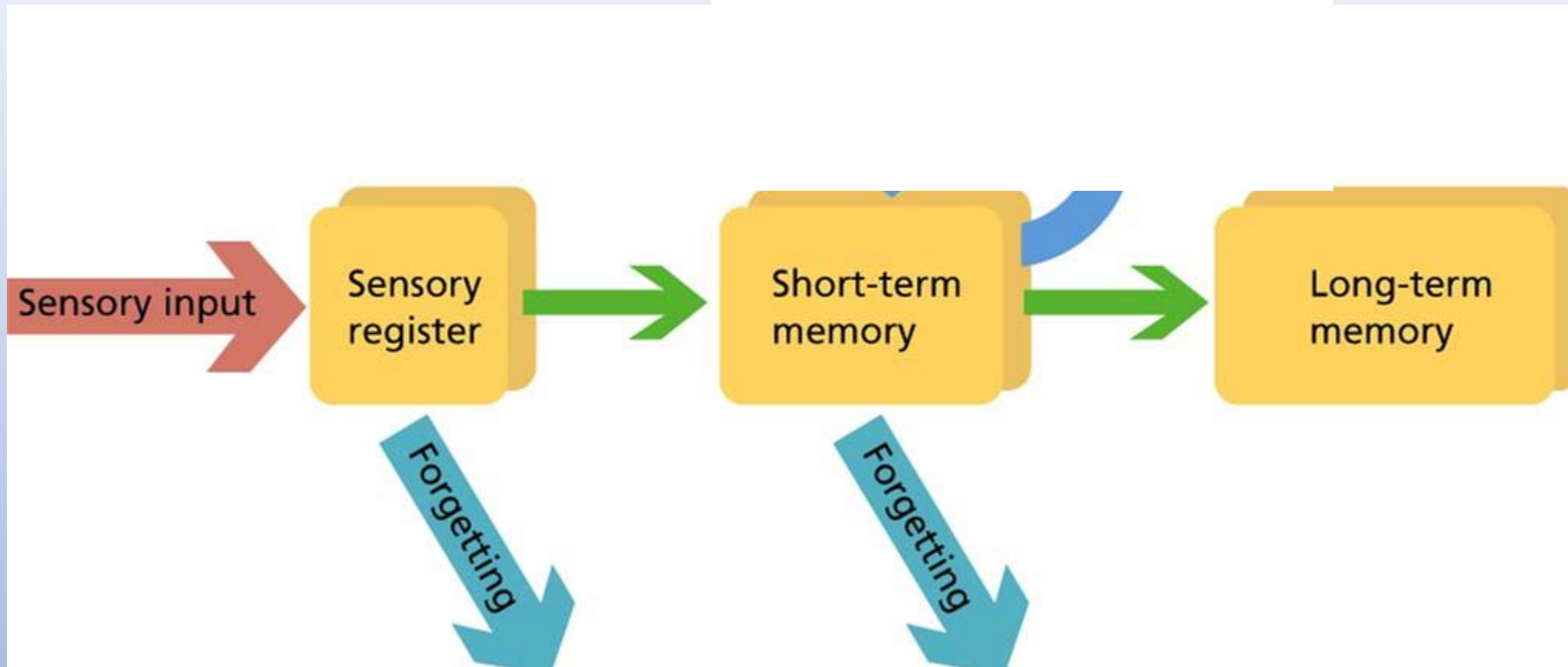
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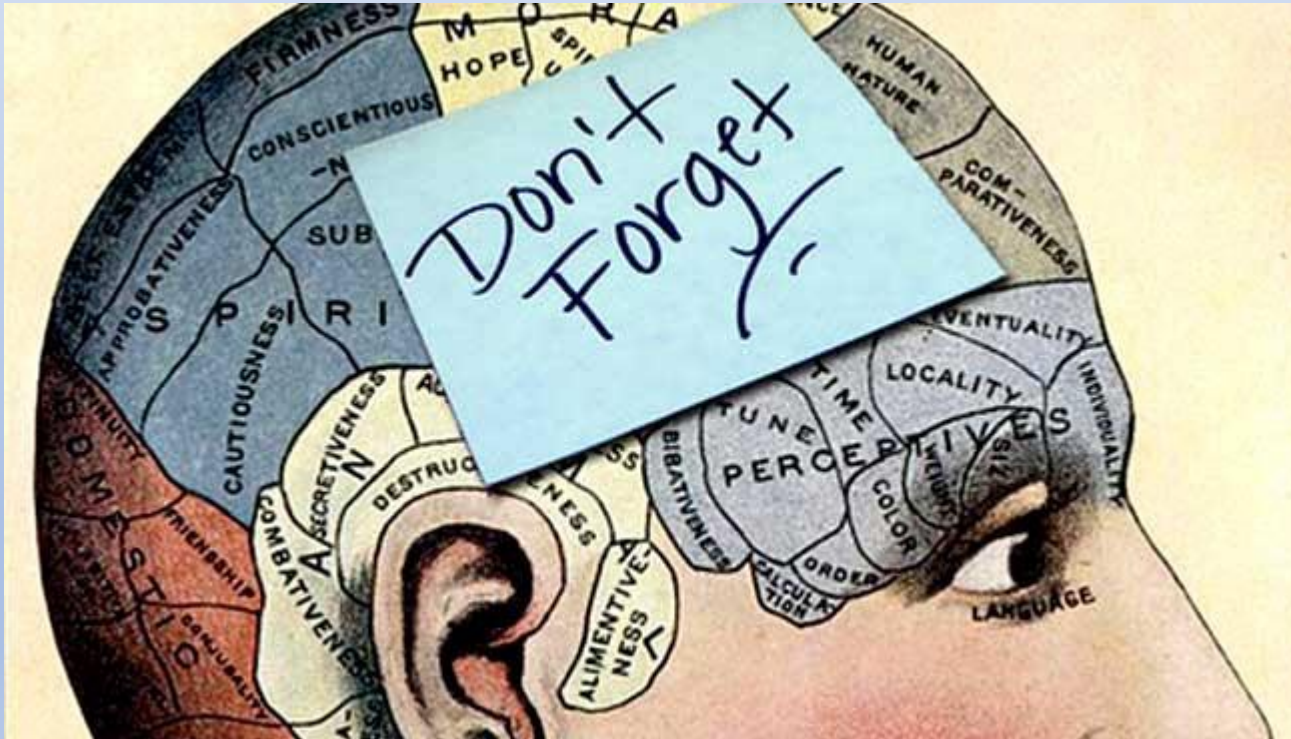


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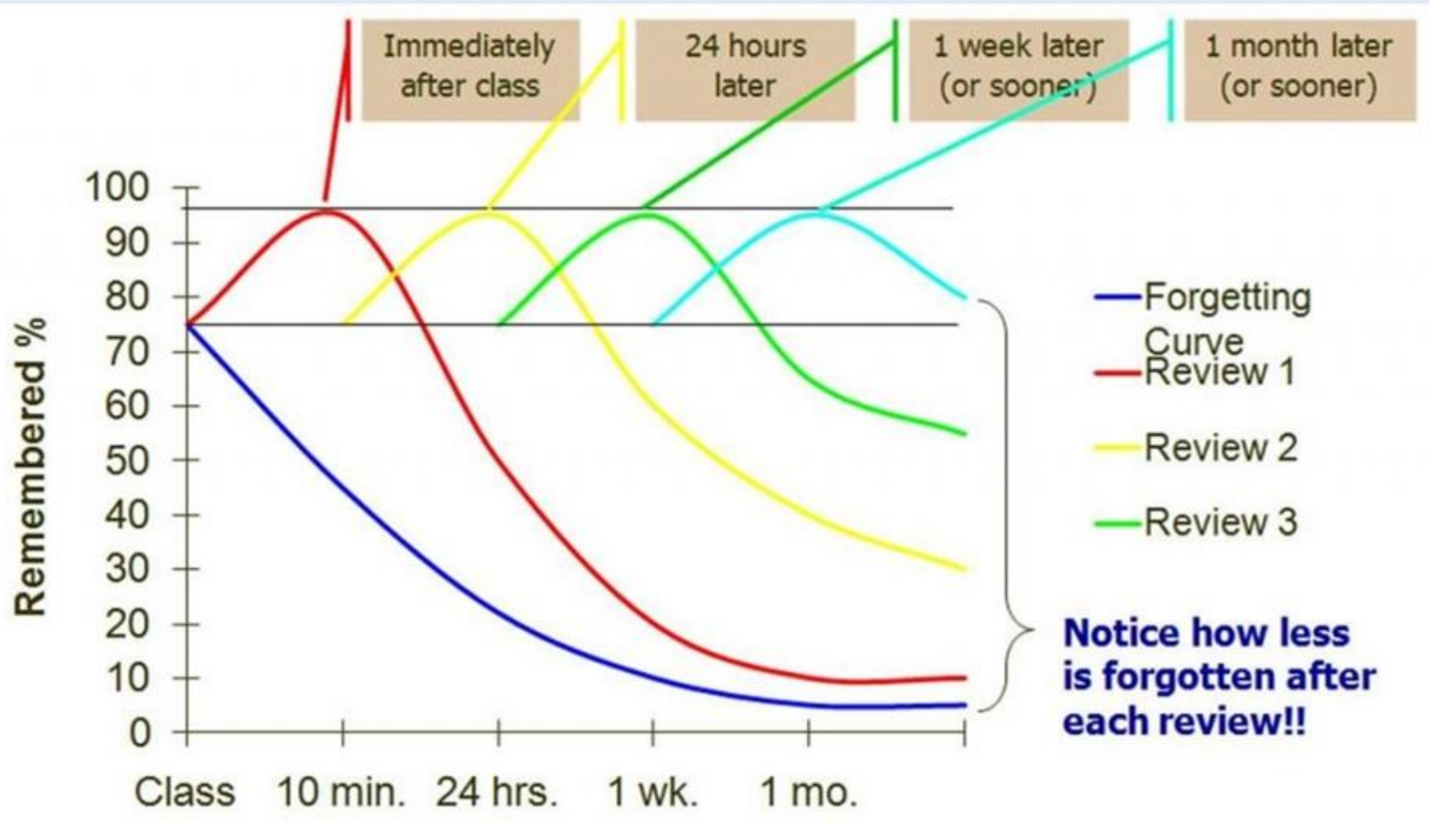
The final part of your memory is long-term memory. Only when information has been transferred has been learned.

# We are only learning if we are remembering!





Key question: How do we learn? Memory, retention, and recall.

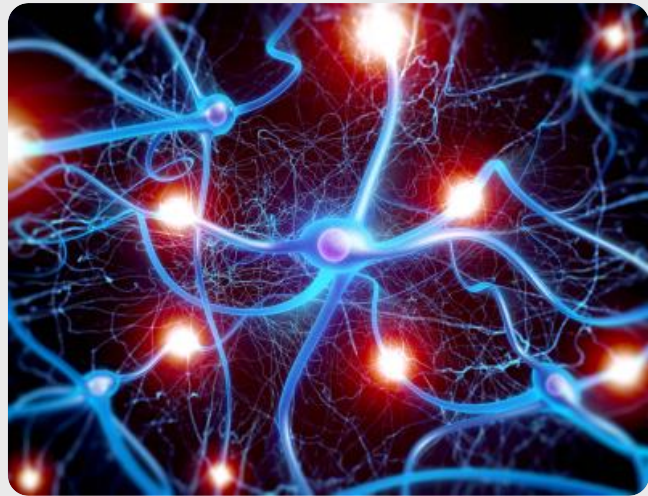


Psychologist, Hermann Ebbinghaus found that repeating information recall helps us remember more of it.



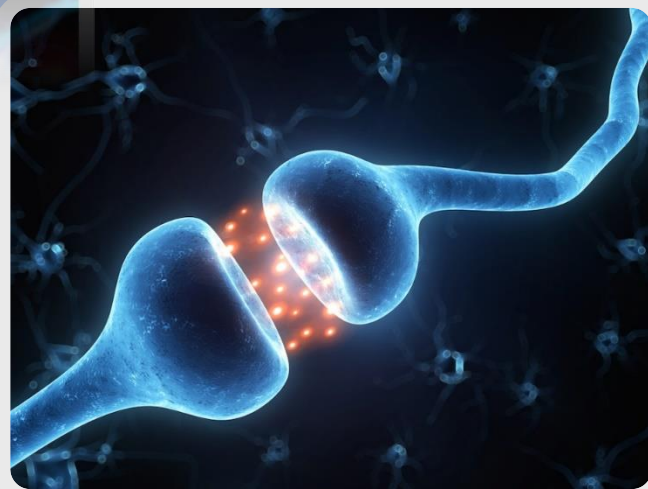


Key question: How do we learn? Memory, retention, and recall.



Long term memory happens when links between synapses in the brain are strengthened.

And Cognitive Science has proven him right!



This happens through repetition which is why revision is required to learn.

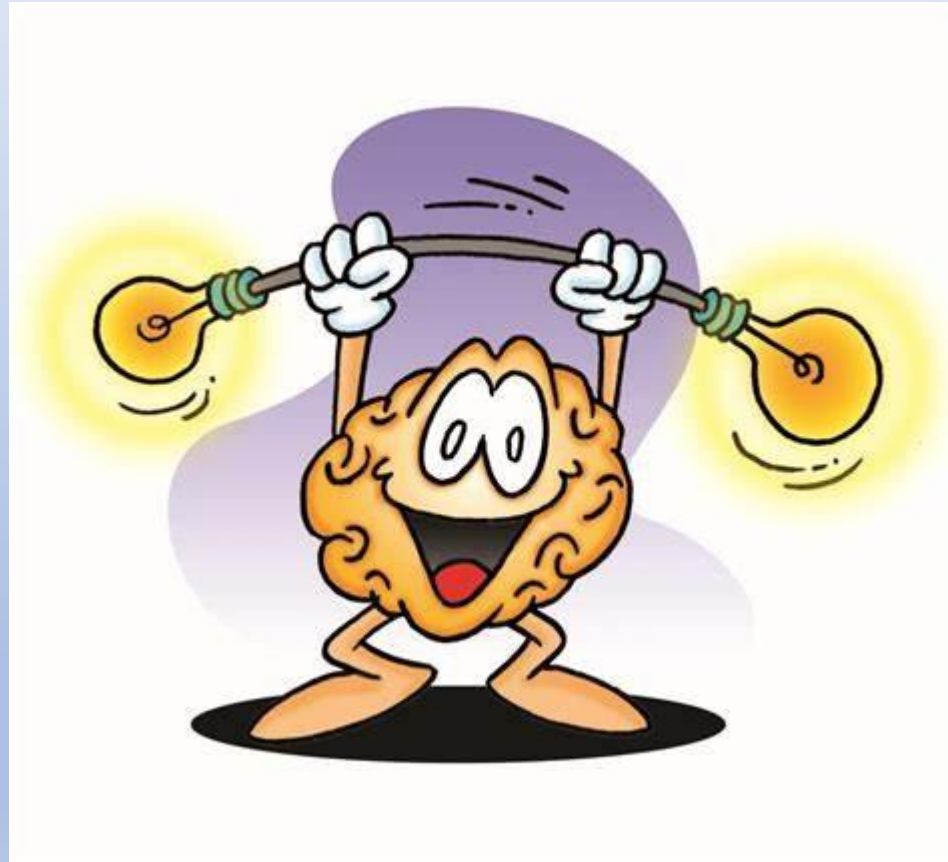


Key question: How do we learn? Memory, retention, and recall.

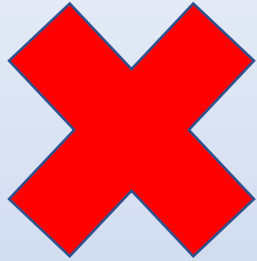
So, what can you actually do to repeat and revise new information to make sure it becomes part of your long-term memory?



There needs to be some challenge!



# There needs to be some challenge!



- Quizzes
- Proper flashcards
- Knowledge dumps





## Strategy 1: How can I use flash cards and self-quizzing to improve my understanding and retention of information?

What is alliteration?

**Alliteration** is when a sound is repeated over two or more words.  
e.g. Donate to deserving causes.

What is an expert opinion?

An **expert opinion** is when the writer quotes a professional point of view.  
e.g. Professor Smith says that "..."

Flash cards are another method of **self-quizzing**.  
You can make them, buy them, or even find them online.



# Key question: How can I use flash cards and self-quizzing to improve my recall and retention of information?

## La Belle Dame Sans Merci 1819 (1)

1 of 30

Author: John Keats

Story: 2 first person speakers. A knight narrates his story with a femme fatale character and how this led to his love sickness.

Themes: Love, Death, Enchantment

Tone: Super Natural, Melancholic, Deathly

### • Form + Structure

- Ballad - Love song
- Last Line shorter, dimeter -
- Regular rhyme and cyclical

## La Belle Dame Sans Merci 1819 (2)

2 of 30

### • Language:

- Archaic Language - Helps with medieval setting "ail thee" "steed" "thy"
- Repetition of pale - Knight is dying "palely loitering" "pale" "death pale"
- Metaphors of death - Knight is dying "I see a lily on thy brow" "fading rose"
- Pathetic fallacy - Foreshadows knight's death "The sedge has withered from the lake" "no birds sing"

### • Context

- Keats knew he was dying of TB in his 20s while writing this poem, his brother had also died of TB 2 years before
- "A faery's song" could depict the woman as a siren from Greek mythology. Sirens would seduce sailors with songs and they then died in the water trying to swim to them

Compare to: She Walks In Beauty, A Complaint

These are not flash cards.

Why not?



Key question: How can I use flash cards and self-quizzing to improve my recall and retention of information?

You need to review the flash cards you get wrong more often!

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# How to study flashcards

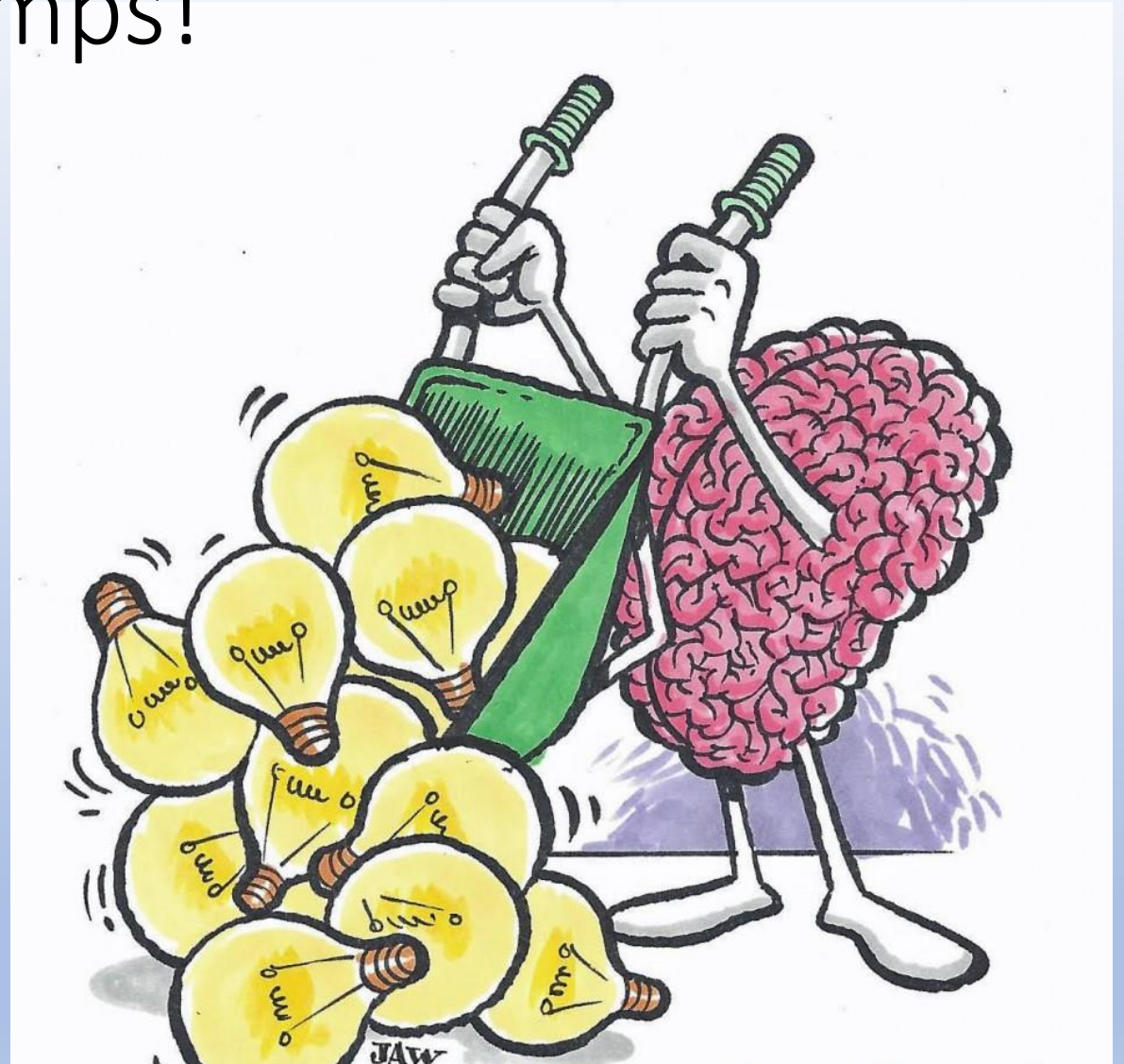
using the Leitner system

# Strategy 2: Knowledge Dumps!

Here's a small strategy that can make a big impact on your learning – a “**knowledge dump**”

Here's how it works:

- Pick an important topic that you have to revise.
- Write down everything you can remember about the topic in 5 minutes – no notes/revision guides allowed!
- Check your brain knowledge dump against your revision materials.
- Repeat the next day, week and month!









# LET US PRAY

Lord help us to become the people you want us to be.

In our school may there be prayer, **learning** and humour, hardwork, faith and friendship.

May we respect every one we meet, use our gifts and encourage each other.

Send your angels to guide us and let your peace be with us and our families always.

We ask all these things through Christ our Lord.

Amen.